



Ron enjoying a quiet paddle on the lake

**Conway Workshop Association is guided by the work of the Canada/UN Convention on the Rights of Persons with Disabilities. Some of these guiding principles include:**

**Equality**-Ensure everyone is treated equally, discrimination not allowed

**Promote awareness**-Get rid of stigma and bias and help show what people with disabilities are capable of

**Accessibility**-Identify barriers and help people with disabilities access transportation, services and facilities

**Right to Make Decisions**-Provide persons with disabilities the supports they need to express their free will and make their own decisions

**Independent Living & Support**-Provide supports to live as independently as possible and to be included in the community

**Education/Work**-Ensure equal access to life-long learning, work training and employment

**Privacy**-Make sure persons with disabilities have the same right to privacy as everyone else-protect their personal information

## Other Training Offered

Communication Skills

Eating Well & Nutrition

Anger Management

Goal Setting

Money Management

Strategies for Building Self-Esteem

Relationships & Sexuality

Safety on the Job

Supporting Self-Advocacy

Stress Management

Hygiene & Health

Team Building

Academic Upgrading

Literacy & Numeracy



**CONWAY  
WORKSHOP  
ASSOCIATION**



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[www.conwayworkshop.com](http://www.conwayworkshop.com)  
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Good Friends Chris & Lisa just hanging out

## About Us

**Conway Workshop Association** is a non-profit organization that is committed to providing quality residential and employment/vocational training programs to benefit individuals with disabilities. Our mission statement is "Conway Workshop Association is dedicated to serving people with disabilities. We are committed to helping clients develop the skills and knowledge they need to live as independently as possible and to achieve their optimal level of independence, while at all times respecting the dignity and rights of the individuals we serve." We provide a variety of opportunities for individuals attending our programs. These options include residential, vocational/employment, seniors group, supported community employment, job specific training such as: Forklift certification, WHMIS, Food Handlers, First Aid/CPR, etc.

All Supports offered within Conway Workshop Association's Programs focus on maximizing an individual's physical, material and emotional well-being; enhancing personal development and self-determination; and developing community connectedness

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*"Being part of a community isn't just about being present in a place, it's about sharing, contributing, belonging and being valued for who you are"*

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Mandy working at a local hair salon



Dave and Daryl enjoying a cool drink after a walk

## Residential Supports

We offer residential program options within the Town of Digby. These include Small Options Homes and supervised apartments. Individuals who live in the residential options are supported by staff to learn basic life/daily living skills, to participate actively in decision making, and to be included in their community.

## Vocational & Employment Supports

The vocational/employment program provides an individualized approach to identifying vocational training and employment goals. Supports focus on an individual's strengths and goals. Training and work skill development may take place within the many program options offered at the workshop located at 63 Shreve St, Digby or at a location within the local business community.

**Community participation, access and inclusion are a key focus of both the residential and vocational/employment programs**